



AMERIHEALTH CARITAS DISTRICT OF COLUMBIA

# EVENTS

## QUESTIONS?

Contact the Community Outreach Solutions team at **202-216-2318**, Monday through Friday, 8 a.m. to 6 p.m. We can confirm the event schedule, help you register, or answer any of your other questions.

## AUGUST 2025

DATE AND TIME	EVENT	EVENT TYPE AND REGISTRATION
<b>August 1</b> 10 a.m. – 12 p.m.	<b>Amharic Language Safe Sleep Class</b> The Safe Sleep Program is a training offered to pregnant mothers at or around 36 weeks of gestation (approximately one month before they are due to deliver) or who are less than 6 months postpartum. The program content which includes a video (English and Amharic) and written materials is designed to promote safe habits for infant sleeping (e.g. place infant on its back, minimal items in the sleeping space, avoid co sleeping, etc.). Infants sleeping in a safe environment are not as prone to Sudden Infant Death Syndrome (S.I.D.S.). The AmeriHealth Caritas DC trainers have been certified by the DC DOH. Upon completion, enrollees receive a Cribette (portable crib) which parents may use as a place for safe sleep.	<a href="http://bit.ly/4ljLErm">http://bit.ly/4ljLErm</a>

## AUGUST 2025

DATE AND TIME	EVENT	EVENT TYPE AND REGISTRATION
<b>August 1</b> 12 p.m. – 5:30 p.m.	<b>MPD Beat the Streets</b> This community outreach event serves as a traveling Community Festival and is a partnership between the Metropolitan Police Department, local social service agencies, and community vendors. In a 3 to 5 hour block of time, community members (of all ages) enjoy musical performances from local bands and artists, as well as a street festival like environment with local vendors and literature distributed by local social service agencies.	African American Soldier Memorial 1925 Vermont Ave. NW Washington, DC 20001
<b>August 2</b> 11 a.m. – 3 p.m.	<b>Delta Sigma Theta Sorority's 18th Annual Community Day</b> This event will feature health exhibitors, food, entertainment, and much more.	SE Tennis & Learning Center 701 Mississippi Ave. SE Washington, DC 20032
<b>August 2</b> 10 a.m. – 3 p.m.	<b>Israel Baptist Church Community Health Fair</b> The event will include entertainment, fitness, and health awareness services such as basic health screenings and kid's activities.	Israel Baptist Church 1251 Saratoga Ave. NE Washington, DC 20018
<b>August 2</b> 11 a.m. – 12 p.m.	<b>Total Body Fitness</b> Have fun burning calories, dancing, and getting fit with trainers from Wanda Woman.	Enrollee Wellness & Opportunity Center 1209 Marion Barry Ave. SE Washington, DC 20020
<b>August 6</b> 12 p.m. – 5 p.m.	<b>Peace Lutheran Church Community Day &amp; Health Fair</b> This event will feature games, giveaways, health screenings, and more.	Peace Lutheran Church 49th Pl. NE Washington, DC 20019
<b>August 7</b> 10 a.m. – 2 p.m.	<b>DCPS Health Hub</b> Health hubs are student and family facing initiatives designed to reduce barriers to school health requirements by offering a one stop shop for completing required health forms and accessing essential health services needed to thrive on the first day of school.	Ida B. Wells Middle School 405 Sheridan St. NW Washington, DC 20011
<b>August 7</b> 12 p.m. 6 p.m.	<b>Community of Hope &amp; DC Public Library event</b> This event will provide enrollees with well child exams & vaccinations, entertainment, concessions, and food.	Community of Hope 4 Atlantic St. SW Washington, DC 20032
<b>August 7</b> 12 p.m.	<b>Headspace Session: Mindful Communications</b> This live meditation from Headspace will help enrollees approach conversations with empathy and intention.	<a href="https://bit.ly/4nZeb7T">https://bit.ly/4nZeb7T</a>

## AUGUST 2025

DATE AND TIME	EVENT	EVENT TYPE AND REGISTRATION
<b>August 9</b> 11 a.m. – 12 p.m.	<b>Total Body Fitness</b> Have fun burning calories, dancing, and getting fit with trainers from Wanda Woman.	Enrollee Wellness & Opportunity Center 1209 Marion Barry Ave. SE Washington, DC 20020
<b>August 11</b> 9:30 a.m. – 4:30 p.m.	<b>National Children's Museum Back to School Bash</b> DC Public School students and their families are invited to visit the National Children's Museum to celebrate the end of summer and the beginning of a new school year.	National Children's Museum Woodrow Wilson Plaza 1300 Pennsylvania Ave. NW Washington, DC 20004
<b>August 13</b> 12 p.m. – 5:30 p.m.	<b>MPD Beat the Streets</b> This community outreach event serves as a traveling Community Festival and is a partnership between the Metropolitan Police Department, local social service agencies and community vendors. In a 3- to 5-hour block of time, community members (of all ages) enjoy musical performances from local bands and artists, as well as a street festival-like environment with local vendors and literature distributed by local social service agencies.	The Wharf 900 Water St. SW Washington, DC 20024
<b>August 14</b> 12 p.m.	<b>Headspace Session: Conflict to Connection: Tools for Better Communication</b> This live workshop from Headspace will help enrollees improve communication and learn how to navigate difficult conversations.	<a href="https://bit.ly/4o8iCgl">https://bit.ly/4o8iCgl</a>
<b>August 15</b> 10 a.m. – 12 p.m.	<b>Spanish Language Safe Sleep Class</b> The Safe Sleep Program is a training offered to pregnant mothers at or around 36 weeks of gestation (approximately one month before they are due to deliver) or who are less than 6 months postpartum. The program content which includes a video (English and Spanish) and written materials is designed to promote safe habits for infant sleeping (e.g. place infant on its back, minimal items in the sleeping space, avoid co-sleeping, etc.). Infants sleeping in a safe environment are not as prone to Sudden Infant Death Syndrome (S.I.D.S.). The AmeriHealth Caritas DC trainers have been certified by the DC DOH. Upon completion, enrollees receive a Cribette (portable crib) which parents may use as a place for safe sleep.	<a href="https://bit.ly/47KrNvR">https://bit.ly/47KrNvR</a>
<b>August 16</b> 10 a.m. – 2 p.m.	<b>Upper Cardoza Unity Health Care Health Fair</b> The fair will feature health screenings, community resources, entertainment, healthy cooking demos, and more.	Upper Cardoza Health Center 3020 14th St. NW Washington, DC 20019
<b>August 16</b> 11 a.m. – 12 p.m.	<b>Total Body Fitness</b> Enrollees can have fun burning calories, dancing, and getting fit with trainers from Wanda Woman.	Enrollee Wellness & Opportunity Center 1209 Marion Barry Ave. SE Washington, DC 20020

## AUGUST 2025

DATE AND TIME	EVENT	EVENT TYPE AND REGISTRATION
<b>August 20</b> 11 a.m. – 12 p.m.	<b>Enrollee Orientation</b> This is an informational session for enrollees who recently joined (or rejoined) AmeriHealth Caritas DC. During the session, they will learn about the benefits and services available to them and how to access them.	<a href="https://bit.ly/46XnX45">https://bit.ly/46XnX45</a>  Meeting ID: 996 9163 7238 Passcode: 670190
<b>August 20</b> 12 p.m. – 5:30 p.m.	<b>MPD Beat the Streets</b> This community outreach event serves as a traveling Community Festival and is a partnership between the Metropolitan Police Department, local social service agencies and community vendors. In a 3 to 5 hour block of time, community members (of all ages) enjoy musical performances from local bands and artists, as well as a street festival like environment with local vendors and literature distributed by local social service agencies.	3500 Clay St. NE Washington, DC 20019
<b>August 20</b> 11:30 a.m. – 1:30 p.m.	<b>Healthy Cooking Made Easy</b> Enrollees will join Food Jonezi for a nutrition education and cooking class. Participants will receive nutrition education and will cook alongside a chef and dietician.	The Ethel Apartment Building 1900 C St. SE Washington, DC 20003
<b>August 22</b> 8 a.m. – 4 p.m.	<b>East of the River Unity Health Care Health Fair</b> The event will feature health screenings, community resources, entertainment, healthy cooking demos, and more.	Unity Health Care East of the River 4414 Benning Rd. NE Washington, DC 20019
<b>August 22</b> 10 a.m. – 12 p.m.	<b>Safe Sleep Class</b> The Safe Sleep Program is a training offered to pregnant mothers at or around 36 weeks of gestation (approximately one month before they are due to deliver) or who are less than 6 months postpartum. The program content which includes a video and written materials is designed to promote safe habits for infant sleeping (e.g. place infant on its back, minimal items in the sleeping space, avoid co sleeping, etc.). Infants sleeping in a safe environment are not as prone to Sudden Infant Death Syndrome (S.I.D.S.). The AmeriHealth Caritas DC trainers have been certified by the DC DOH. Upon completion, enrollees receive a Cribette (portable crib) which parents may use as a place for safe sleep.	<a href="http://bit.ly/4kUbK4l">http://bit.ly/4kUbK4l</a>
<b>August 23</b> 11 a.m. – 12 p.m.	<b>Total Body Fitness</b> Enrollees can have fun burning calories, dancing, and getting fit with trainers from Wanda Woman.	Enrollee Wellness & Opportunity Center 1209 Marion Barry Ave. SE Washington, DC 20020

## AUGUST 2025

DATE AND TIME	EVENT	EVENT TYPE AND REGISTRATION
<b>August 23</b> 11 a.m. – 4 p.m.	<b>MCP Collaborative event “My City. My Plan”</b> The purpose of the summer health series is to help engage Medicaid enrollees in their preventive health after living through a pandemic. The focus is on recertification, EPSDT, and seeking programming for men, mothers/babies, and children with special needs.	Pennsylvania Baptist Church 3000 Pennsylvania Ave. SE Washington, DC 20020
<b>August 30</b> 10 a.m. – 9 p.m.	<b>Cease Fire. Don’t Smoke the Brothers &amp; Sisters Anti-Violence Event</b> This event will feature health workshops, health exhibits, and fun activities for children. Cease Fire will also assist in preparing the District's youth for school by distributing backpacks to them.	Upshur Recreation Center 4300 Arkansas Ave. NW Washington, DC
<b>August 30</b> 11 a.m. – 12 p.m.	<b>Total Body Fitness</b> Enrollees can have fun burning calories, dancing, and getting fit with trainers from Wanda Woman.	Enrollee Wellness & Opportunity Center 1209 Marion Barry Ave. SE Washington, DC 20020

### Need a ride to Total Body Fitness or another event at the Enrollee Wellness and Opportunity Center?

Call **1-800-315-3485** to schedule a ride at no cost. Please call at least 48 hours in advance (not including Saturday, Sunday, and holidays) to get transportation.



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AmeriHealth Caritas District of Columbia complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, including intersex traits; pregnancy or related conditions; sexual orientation; gender identity, and sex stereotypes (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)). AmeriHealth Caritas District of Columbia does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

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## English

If you do not speak and/or read English, please call **1-800-408-7511 (TTY 1-800-570-1190)**, available 24 hours a day, seven days a week. A representative will assist you.

## Español

Si no habla y/o lee inglés, llame al **1-800-408-7511 (TTY 1-800-570-1190)**, línea disponible las 24 horas del día, los siete días de la semana. Un representante le ayudará.

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## Tiếng Việt

Nếu quý vị không nói và/hoặc đọc Tiếng Anh, vui lòng gọi **1-800-408-7511 (TTY 1-800-570-1190)**, 24 giờ một ngày, bảy ngày một tuần. Sẽ có người đại diện hỗ trợ quý vị.

## 繁體中文

如果您不會講或讀英文，請致電 **1-800-408-7511 (TTY 1-800-570-1190)**，此電話每天 24 小時，每週 7 天開通。您將得到一位服務代表的協助。

## 한국어

영어를 말하거나 읽지 못하는 경우, 365일 24시간 이용 가능한 **1-800-408-7511 (TTY 1-800-570-1190)**번으로 전화하십시오. 직원이 도와드릴 것입니다.

## Français:

Si vous ne parlez, ni ne lisez anglais, veuillez appeler au numéro **1-800-408-7511 (TTY 1-800-570-1190)**, disponible 24 heures sur 24, 7 jours sur 7. Un représentant pourra vous aider.

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[www.amerihealthcaritasdc.com](http://www.amerihealthcaritasdc.com)