

New Patient Visit

Reimbursement Policy ID: RPC.0021.5420

Recent review date: 01/2026

Next review date: 09/2027

Healthy DC Plan reimbursement policies and their resulting edits are based on guidelines from established industry sources, such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), state and federal regulatory agencies, and medical specialty professional societies. Reimbursement policies are intended as a general reference and do not constitute a contract or other guarantee of payment. Healthy DC Plan may use reasonable discretion in interpreting and applying its policies to services provided in a particular case and may modify its policies at any time.

In making claim payment determinations, the health plan also uses coding terminology and methodologies based on accepted industry standards, including Current Procedural Terminology (CPT®); the Healthcare Common Procedure Coding System (HCPCS); and the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM), and other relevant sources. Other factors that may affect payment include medical record documentation, legislative or regulatory mandates, a provider's contract, a member's eligibility in receiving covered services, submission of clean claims, other health plan policies, and other relevant factors. These factors may supplement, modify, or in some cases supersede reimbursement policies.

This reimbursement policy applies to all health care services billed on a CMS-1500 form or its electronic equivalent, or when billed on a UB-04 form or its electronic equivalent.

To the extent that any procedure and/or diagnosis codes are specified in this policy, such inclusion is provided for reference purposes only, may not be all inclusive, and is not intended to serve as billing instructions. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

Policy Overview

This policy describes new versus established patient visit criteria in claims processing by Healthy DC Plan.

Exceptions

N/A

Reimbursement Guidelines

Providers must submit clean claims for accurate reimbursement. A claim for a "new patient" procedure code (e.g., E/M services) will be denied if the claims history shows that the patient has received professional

services from the same individual provider or other qualified health care professional within the past three years.

Healthy DC Plan aligns with the Centers for Medicare & Medicaid Services (CMS) with regard to new patient visit criteria:

- **Professional services** are face-to-face services rendered by a physician or other qualified health professional and reported with a specific procedure code (e.g., Evaluation and Management services).
- Any physician or other qualified health care professional from the same group practice within the same specialty and using the same Tax Identification Number (TIN) is considered the same individual provider or other qualified health care professional (e.g., “same physician”).
- Any advanced practice nurse or physician assistant working with a physician (i.e., working as a physician extender) is considered as working in the same specialty as the physician.
- A patient who has not received any professional services from the same provider within the past three years is considered a **new patient**. Otherwise, that patient is considered an **established patient**. For example:
 - A patient who has received telehealth Evaluation and Management (E/M) services within the last three years by the same provider is considered an established patient.
 - Refer to CPT/HCPS manuals for complete descriptions of procedures, and state billing resources for fee schedules and billing guidelines. Only medically necessary services are reimbursable.

Definitions

New Patient

A new patient is one who has not received any professional services, (i.e., E/M services or other face-to-face services or procedures) from the physician or group practice (same physician specialty) within the previous three years.

Same Individual Physician or Other Qualified Health Care Professional

A physician or other health care professional from the same group practice with the exact same specialty and subspecialty reporting under the same Federal Tax Identification number (TIN).

Edit Sources

- I. Current Procedural Terminology (CPT) and associated publications and services.
- II. International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10).
- III. Healthcare Common Procedure Coding System (HCPCS).
- IV. Centers for Medicare and Medicaid Services (CMS).
- V. The National Correct Coding Initiative (NCCI).
- VI. Coding guidelines from Specialty Societies (e.g., American Society for Radiation Oncology (ASTRO), American Academy of Pediatrics (AAP), American Congress of Obstetricians and Gynecologists (ACOG), American Academy of Family Practitioners (AAFP), etc.).
- VII. Corresponding Healthy DC Plan Clinical Policies.
- VIII. Applicable Healthy DC Plan provider manual reference.
- IX. Applicable District of Columbia Medicaid program guidance.
- X. Applicable District of Columbia Medicaid Fee Schedule(s).

Attachments

N/A

Associated Policies

N/A

Policy History

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| 12/2025 | Reimbursement Policy Committee Approval |
| 04/2025 | Revised preamble |
| 04/2024 | Revised preamble |
| 08/2023 | Removal of policy implemented by Healthy DC Plan from Policy History section |
| 01/2023 | Template Revised <ul style="list-style-type: none">• Revised preamble• Removal of Applicable Claim Types table• Coding section renamed to Reimbursement Guidelines• Added Associated Policies section |